

Use this guide to set yourself up for success during recruitment using THALAMUS.



Step 1: First Interview Invitation

- You will receive an email from no-reply@thalamusgme.com when a program invites you to interview via Thalamus.
- This email will contain a unique link for you to access Thalamus.



Step 2: Create your Thalamus account

- Upon selecting the unique link, you will create your account in Thalamus.
- The account setup process takes less than 10 seconds and requires you to create a password.



Step 3: Access your Thalamus Account

- Once an account is finalized, you will gain access to your Thalamus account.
- All scheduling activities occur on the Thalamus calendar, and each program that invites you to interview through Thalamus will appear in its own unique color.



Step 4: Sign up for an Interview

- You may sign up for multiple rounds of interviews and social events through Thalamus.
- You may also concurrently add yourself to as many waitlists as desired.
- Add any personal events you may have invited to outside of Thalamus.



Step 5: Complete Surveys

- Some programs will utilize this functionality in Thalamus including pre-interview, post-interview and post-match surveys, which may be sent on an anonymous or non-anonymous basis.
- Surveys may be accessed through your applicant dashboard or upon signing up for a date on the Thalamus calendar.



Step 6: Complete Virtual/In-person/Hybrid Interviews

- Programs have the ability to share interview day schedules with you in the Thalamus in the **My Schedule** tab.
- Thalamus supports all interview formats. For virtual interviews, programs may use several options including but not limited to Zoom, Teams, Webex and/or Thalamus Video (Note: Please see our user guides to learn more).

WHAT DOES THE AAMC-THALAMUS STRATEGIC COLLABORATION MEAN FOR YOU?

Thalamus has entered into a strategic collaboration with the AAMC to provide applicants with a centralized platform to streamline and optimize the interview scheduling and management process. This year, applicants can expect to schedule a large portion of their residency interviews via Thalamus.

IMPORTANT: Thalamus also has a mobile app available in the Apple and Google Play stores. We highly recommend downloading this app for use once your Thalamus account is created.



QUESTIONS

Have more questions? Contact the **Thalamus Customer Experience Team** today!
Email us at customercare@thalamusgme.com for more information.