Use this guide to set up your Thalamus account for the 2024/2025 recruitment season.

Step 1: New Applicants Create your Thalamus account
- For ERAS applicants (beginning July 2024): Following MyERAS account creation/token consumption, you will receive an account creation link from no-reply@thalamusgme.com.
- For non-ERAS applicants: When a program invites you to interview via Thalamus, you will receive an account creation link in an email from no-reply@thalamusgme.com.

NOTE: Applicants who already have a Thalamus account can skip this step.

Step 2: Access your Thalamus Account
- Once an account is finalized, you will gain access to your Thalamus account.
- AAMC applicants will also have the option to login via SSO using their AAMC credentials (beginning July 2024).
- All scheduling activities occur on the Thalamus calendar, and each program that invites you to interview through Thalamus will appear in its own unique color.

Step 3: Sign up for an Interview
- You will receive interview invitations from no-reply@thalamusgme.com.
- You may sign up for multiple rounds of interviews and social events through Thalamus.
- You may also concurrently add yourself to as many waitlists as desired.
- Add any personal events you may have invited to outside of Thalamus.

Step 4: Complete Surveys
- Some programs will utilize this functionality in Thalamus including pre-interview, post-interview and post-match surveys, which may be sent on an anonymous or non-anonymous basis.
- Surveys may be accessed through your applicant dashboard or upon signing up for a date on the Thalamus calendar.

Step 5: Complete Virtual/In-person/Hybrid Interviews
- Programs have the ability to share interview day schedules with you in the Thalamus in the My Schedule tab.
- Thalamus supports all interview formats. For virtual interviews, programs may use several options including but not limited to Zoom, Teams, Webex and/or Thalamus Video (Note: Please see our user guides to learn more).

WHAT DOES THE AAMC-THALAMUS STRATEGIC COLLABORATION MEAN FOR YOU?
Thalamus has entered into a strategic collaboration with the AAMC to provide applicants with a centralized platform to streamline and optimize the interview scheduling and management process. Applicants can expect to schedule a large portion of their interviews via Thalamus.

IMPORTANT: Thalamus also has a mobile app available in the Apple and Google Play stores.
We highly recommend downloading this app for use once your Thalamus account is created.

QUESTIONS
Have more questions? Contact the Thalamus Customer Experience Team today! Email us at customercare@thalamusgme.com for more information.